

Substance Use Disorders and Treatment

The physical, mental, emotional, and spiritual aspects of alcohol and drug dependency and other addictive behaviors are explored. Assessment, therapeutic techniques, intervention, and treatment modalities are discussed. Students explore the contributions, as well as the strengths and weaknesses, of 12-step and other self-help recovery groups. The interrelationships of alcohol and drug abuse and other addictive behaviors with attachment and bonding disruptions in early childhood and childhood trauma are also investigated. Lectures, guest lectures, discussions, role-play, and other experiential techniques are used.

Course Number: CNSM790E

Unit: 3.0

Program: GRAD Transpersonal Coun