Meditation Practicum IV: Maitri and Mandala

This course continues the practicum sequence, emphasizing Vajrayana topics such as mandala principle and the Buddha families, including discussion of the neurosis and sanity associated with each family. Space awareness practice (maitri) provides a personal experience of these families, and this practice is a central part of this class. Based on the Indian and Tibetan traditions. Prerequisite: REL635 or permission of the instructor.

Course Number: REL780
Unit: 3.0
Program: Religious Studies