

## Acting Studio I

This course, the first in a two-part sequence, is designed to introduce and develop basic skills of the actor within an interdisciplinary context. Drawing from both traditional and contemporary acting techniques and including contemplative approaches to performance developed within the Naropa University Performance program, the student actor will develop a personal discipline that brings together physical expressiveness with clarity of inner psychological/emotional states and processes. Within ensemble, skills such as sensory awareness, presence, empathy, stillness, rhythm, intention, and creative imagination will be honed. Students will also be exposed to various lineages of contemporary performance.

Course Number: PAR210

Unit: 3.0

Program: UNDG Performing Arts