Programs

Bachelor of Arts Degree

A Bachelor of Arts Degree consists of 30 credits of Core Curriculum and at least one Major (36–60 credits), for a total of 120 credits.

Majors

• Contemplative Art Therapy
• Contemplative Martial Arts
• Contemplative Psychology
• Creative Writing & Literature
• Early Childhood Education
• Environmental Studies
• Interdisciplinary Studies
• Music
• Peace Studies
• Performance BFA
• Religious Studies
• Visual Arts
• Yoga Studies

Students with an additional area of interest are encouraged to consider declaring a second Major and/or one or more Minor[s]. All credits that do not satisfy Core, Major or Minor requirements are considered Electives and count toward the total 120 degree credits needed to earn a BA degree.

Minors

• Contemplative Art Therapy
• Contemplative Education
• Contemplative Martial Arts
• Contemplative Psychology
• Creative Writing & Literature
• Early Childhood Education
• Ecology and Systems Science
• Environmental History and Justice
• Environmental Sustainability
• Film and Media Studies
• Food Justice
• Gender and Women’s Studies
• Intercultural Studies
• Music
• Peace Studies
• Performance
• Permaculture
• Religious Studies
• Sacred Ecology
• Sanskrit Language
• Social Innovation
• Tibetan Language
• Visual Arts
• Yoga Studies

Undergraduate Core Curriculum

• Requirements
• Courses

Elementary Teacher Licensure Program

• Requirements & Courses

Masters Degree Programs

• Clinical Mental Health Counseling
  • Contemplative Psychotherapy and Buddhist Psychology
  • Somatic: Body Psychotherapy
  • Somatic: Dance/Movement Therapy
  • Transpersonal Art Therapy
  • Transpersonal Counseling Psychology: Mindfulness-Based Counseling
  • Transpersonal Wilderness Therapy
• Contemplative Education (low-residency)
• Creative Writing (low-residency)
• Creative Writing & Poetics
• Ecopsychology (low-residency)
• Master of Divinity
• Religious Studies
  • Contemplative Religions
  • Indo-Tibetan Buddhism
• Religious Studies with Language
  • Contemplative Religions
  • Indo-Tibetan Buddhism
• Resilient Leadership
• Theater: Contemporary Performance

Certificate Program

• Yoga Studies: Yoga Teacher Training

Other Programs

• Certificate Program in Yoga Studies
• Study Abroad
• Summer Writing Program