

LEAPYEAR

LEAPYEAR is an alternative first (or second) year of college that combines the best of a gap year with contemplative education. Bringing together international experiential learning with a program of self-inquiry, LEAPYEAR creates a "bridge year" to support students' conscious transition from high school to college and development from adolescence into adulthood.

LEAPYEAR includes:

- First semester: Extended group travel in India/Nepal or Latin America
- Second semester: A three-month, individual, international internship
- Four intensive domestic contemplative practice retreats focusing on successfully navigating independent living and self-actualization that bracket each semester of travel
- Formal and informal Rites of Passage
- A high level of mentoring to support reflection and integration

Program Requirements

LEAPYEAR is a 30-credit program consisting of two 15-credit semesters.

First Semester (15 credits)

LCOR110 [Practice & Community](#) (3)

Nepal/India Group Travel

LCOR120 [Cultural Immersion: Nepal/India](#) (6)

LCOR125 [Wisdom Traditions of Nepal/India](#) (6)

OR

Latin America Group Travel

LCOR121 [Spanish Language Immersion](#) (6)

LCOR126 [Cultural Immersion: Latin America](#) (6)

Second Semester (15 credits)

COR150 [Diversity Seminar](#) (3)

LCOR140 [The Whole Human Being](#) (6)

LCOR155 [The World as Classroom](#) (4)

LCOR160 [Being the Change](#) (2)

Total 30 Credits

Naropa Degree Equivalencies

Students who earn passing grades and continue their studies at Naropa following their LEAPYEAR experience will have fulfilled 30 credits of their Naropa degree and half, or nearly half, of their [Core Curriculum](#) requirements.

Nepal/India Group Travel

15 Core Curriculum Credits Fulfilled + 15 Elective Credits (30 Total Credits)

LEAPYEAR Course	Naropa Degree Requirement
LCOR110 Practice & Community	Elective Credit
LCOR120 Cultural Immersion: Nepal/India	Core Area Requirement: Cultural & Historical Studies
LCOR125 Wisdom Traditions of Nepal/India	Core Area Requirement: Word Wisdom Traditions
COR150 Diversity Seminar	COR150 Diversity Seminar
LCOR140 The Whole Human Being	Core Area Requirement: Artistic Process
LCOR155 The World as Classroom	Elective Credit
LCOR160 Being the Change	Elective Credit

Latin America Group Travel

12 Core Curriculum Credits Fulfilled + 18 Elective Credits (30 Total Credits)

LEAPYEAR Course	Naropa Degree Requirement
LCOR110 Practice & Community	Elective Credit
LCOR121 Spanish Language Immersion	Elective Credit
LCOR126 Cultural Immersion: Latin America	Core Area Requirement: Cultural & Historical Studies
COR150 Diversity Seminar	COR150 Diversity Seminar
LCOR140 The Whole Human Being	Core Area Requirement: Artistic Process
LCOR155 The World as Classroom	Elective Credit
LCOR160 Being the Change	Elective Credit

LEAPYEAR course work will transfer to other colleges and universities as determined by their respective transfer credit review policies.