Senior Retreat

This weekend retreat takes place at the beginning of each fall semester and prepares students for TRA Senior Colloquium the following semester. Engaging in contemplative practices together connects students to Naropa’s spiritual and cultural roots, instills a sense of community with faculty and peers, and restores energy and balance for the new academic year. This weekend intensive experience creates a space for dialogue and reflection about students’ evolving interdisciplinary studies program. During the retreat, students begin planning for their final projects. TRA students also meet once more at the end of the semester to present and review their final project proposals. This retreat is a pre-requisite for TRA489 Senior Colloquium. Course fee.

Course Number: TRA485
Unit: 1.0
Program: Traditional Eastern Arts