

Ecopsychology Training Intensive

Ecopsychology explores human/nature relationships and the implications of a deeper connection between human and nature for mental health, personal growth, environmental action, and sustainable lifestyles. This advanced course assumes an understanding of the theory and practices of ecopsychology. It is directed toward the interface of ecology, transpersonal psychology, and contemplative practice (i.e., nature, psyche, and spirit), critical evaluation of ecopsychological thinking, and the development and use of ecopsychology practices in personal and professional applications.

Course Number: PSYE700

Unit: 2.0

Program: GRAD Ecopsychology