

Psychology of Wilderness Experience Intensive

Through group process, experiential activities, and ritual, participants experience an ancient, pan-cultural, earth-centered rite of passage in a wilderness setting. This course follows the traditional stages of a rite of passage: severance (leaving behind what is familiar), threshold (three days and nights of solitude/fasting), and reincorporation (bringing back gifts or insights to the community). Open to the transformative power of nature, participants have the opportunity to inquire deeply and directly into themselves and their relationship to the natural world and their community. Participants provide their own camping equipment and share food and transportation. Fee for remaining retreat expenses.

Course Number: PSYE750

Unit: 4.0

Program: GRAD Ecopsychology