

Career Development

This course addresses career development theories, techniques, counseling, guidance, and education strategies. Topics include lifestyle issues, career selections, and counseling process, career transitions, leisure, retirement, and right livelihood. Students will explore career development and related life factors, including the interactions between self, work, family, and the roles of gender and diversity in career development. In addition, students learn and become familiar with occupational and educational information sources and systems, effectiveness evaluation, and assessment tools and resources. Attention is paid both to the students' personal experience and also to the implications for counseling others. Somatic Counseling students only.

Course Number: CNSS810

Unit: 3.0

Program: GRAD Somatic Counseling