

Approaches to Couples Counseling

Intensive two-day workshop featuring various methods of couples counseling: Imago; existential; Gottman; object relations; and other approaches. One approach will be featured each semester—topics to be announced. Both didactic information and experiential exercises are presented, including concrete and effective tools for working with couples. Students gain confidence in their ability to understand and deal with relationship dynamics, including their origins in early childhood. Prerequisite: CNST631.

Course Number: CNST782W

Unit: 1.0

Program: GRAD Transpersonal Coun