

Outdoor Skills: Ropes Course

Students learn and practice basic outdoor skills for backcountry travel and camping, review physical and emotional risk-management techniques, and learn how to logistically prepare food and gear for an expedition. Students learn the use of Ropes Courses as a modality for therapeutic growth. Prerequisite: CNSW661.

Course Number: CNSW708

Unit: 2.0

Program: GRAD Transpersonal Coun