

## Mind and Its World

An in-depth exploration of the fundamental Buddhist teachings on how beings produce karma, afflicted mental states, and suffering for themselves and others, and how to reverse that process on the path to liberation, based on the Indo-Tibetan Buddhist monastic university (shedra) tradition. The course examines the relationship of sense perception, concepts/views and emotions, causality and dependent origination, valid and non-valid cognition, conceptual and non-conceptual consciousness, how humans can fabricate and believe in non-existent objects of perception projected onto themselves and others that are typically entwined with their mental afflictions, and the antidotes of the three trainings and the stages of the path.

Course Number: REL614

Unit: 3.0

Program: GRAD/UNDG Religs Studies