

BA Wisdom Traditions Retreat

This weekend retreat takes place at the beginning of each fall semester and prepares students for BA Wisdom Traditions Capstone in the spring semester. Engaging in contemplative practices together connects students to Naropa's spiritual and cultural roots, instills a sense of community with faculty and peers, and restores energy and balance for the new academic year. Introduction to the field of religious studies from the perspective of contemplative education, as well as to important thematic and analytic perspectives. Building community, forming friendships, and sharing our mutual journey is central to this retreat. Cross-listed with REL485. Course fee.

Course Number: TRA485

Unit: 1.0

Program: GRAD/UNDG Trad Estrn Art