

## Art and Consciousness: Mixed Media and Self-Exploration

Students are challenged to listen to and trust their own inner experience as the basis for the creation of authentic artwork. Through material experimentation and investigation into realms of consciousness, we create art. Acrylic painting and mixed media are explored. Students discover that art relies upon its sources in the most profound levels of human consciousness for its ability to inspire and transform.

Course Number: ART105

Unit: 3.0

Program: UNDG Visual Arts